













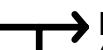









Cold Springs Canter (Long Route, 48 km)

(Total Ascent = 725 m)

Start at Port Hope Town Hall			
0.0	0.0	(north on) Queen St.	
0.2	0.2	 Walton St.	
0.2	0.4	 Mill St. (at lights)	
0.1	0.5	 Ward St.	
2.2	2.7	 Hamilton Rd.	
3.4	6.1	 Dale Rd. (C.R. #74)	
1.2	7.3	 McLelland Rd.	
4.0	11.3	 Bethel Grove Rd.(5th Line)	
0.6	11.9	 Vic Lightle Rd.	
2.1	14.0	 Vimy Ridge Rd. (6th Line)	
2.9	16.9	 Kennedy Rd.	
2.1	19.0	 Jamieson Rd. (becomes McBride Rd./Sixth Line)	
3.7	22.7	 C.R. 18 (unmarked; stop sign) Village of Cold Springs (store).	
2.1	24.8	 Donaldson Rd / 7th Line	
2.0	26.8	 Canning Rd.	
2.0	28.8	 McBride Rd. / 6th Line (unmarked; stop sign) (becomes Jamieson Rd.)	
1.6	30.4	 Kennedy Rd.	
0.8	31.2	 Mulder Rd. (watch for sign on right) (becomes Bethel Grove Rd.)	
1.3	32.5	 Jibb Rd.	
0.8	33.3	 Williamson Rd.	
1.3	34.6	 Bickle Hill Rd. (watch for sign on left!) (becomes Theatre Rd.)	
7.8	42.4	 C.R.#2	
5.3	47.7	 Port Hope Town Hall	

