







2006 Ganaraska Freewheelers Adirondacks Tour
Adirondack Loj to Meacham Lake (73 km)

0.0	0.0		Adirondack Loj
10.0	10.0		Rte.73
8.0	18.0		Rte. 86 (town of Lake Placid) <i>(Be sure to follow Rte.86 through Lake Placid!)</i>
15.1	33.1		Rte. 86 (town of Saranac Lake) <i>(Be sure to follow Rte.86 through Saranac Lake)</i>
20.2	53.3		Rte. 30 (town of Paul Smiths) <i>(Paul Smiths College)</i>
19.3	72.6		Meacham Lake State Campground