













The Three Rivers Bike Tour

# McLaren Campsite to Brockville (82 km)

0.0	0.0		McLaren Campsite	19.5	80.1		C.R. 2 (Brockville)
0.9	0.9		St. Lawrence Rec. Trail <i>Immediately after Gate House</i>	2.0	82.1		St. Lawrence Park
5.5	6.4		St. Lawrence Rec. Trail Trail turns left and becomes crushed gravel. Do not follow gravel road! Head for the Upper Canada Migratory Bird Sanctuary <b>Interperative Centre.</b>				
4.1	10.5		St. Lawrence Rec. Trail After wooden bridge, follow the trail signs through Upper Canada Village and Crysler Park. <b>Stay south of C.R. #2.</b>				
3.4	13.9		C.R. 2 <i>excellent paved shoulder</i>				
8.9	22.8		C.R. 4 (Morrisburgh) Ottawa St., becomes Lakeshore Dr.				
10.0	32.8		C.R. 2 <i>narrow paved shoulder</i>				
3.7	36.5		C.R. 2 (Iroquois Falls) <i>paved shoulder after 3 km</i>				
9.1	45.6		C.R. 2 (Cardinal) <i>paved shoulder - good, then narrow</i>				
15.0	60.6		C.R. 2 (Prescott) <i>excellent paved shoulder after Maitland</i>				